

COUGAR 2011

Youth Football Camp Grades 4 - 7



Kennedy High School
4545 Wenig Road NE
Cedar Rapids, IA 52402

Tuesday, July 26th Thru Thursday, July 28th
5:30 pm - 7:30 pm Daily

Camp Purpose

The purpose of the camp is to teach individual techniques and fundamentals of the game of football for each specialized position. Instilling a positive winning attitude and emphasizing the team concept will also be part of the football camp experience. This camp provides instruction in the proper techniques of blocking and tackling, as well as offensive and defensive skills pertinent to the game of high school football.

Equipment

Each athlete should bring football shoes, running shoes and personal workout gear. A camp t-shirt will be provided to each camper. We will be using dummies, blocking sleds, and other types of equipment to teach proper fundamentals.

Location

Athletes should report to the north foyer entrance to Kennedy at 5:00 pm on Tuesday, July 26th for registration. Camp will be held on the practice fields north of Kennedy High School

Cost / Registration

The cost of the Cougar Football Camp is \$40.00.
Detach the registration slip and mail it along with the camp fee to:

Tim Lewis, Head Football Coach
Kennedy High School
4545 Wenig Road NE
Cedar Rapids, Iowa 52402

Please make all checks payable to: TIM LEWIS



2011 COUGAR YOUTH FOOTBALL CAMP



NAME _____ GRADE IN THE FALL _____

ADDRESS _____ ZIP CODE _____

PARENT'S NAME _____ T-SHIRT SIZE (ADULT): S M L XL XXL

E-MAIL ADDRESS _____ PHONE # _____

PARENT'S SIGNATURE _____ BIRTHDAY _____