

**2010 J-Hawk Youth Football Camp**(for students/athletes who will enter grades 4, 5, 6, 7 and 8 in the fall)

Name \_\_\_\_\_ Address \_\_\_\_\_

Phone(\_\_\_\_) \_\_\_\_\_ Birth \_\_\_\_\_ Age \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Grade in School August 2010 \_\_\_\_\_ T-Shirt Size S M L XL XXL (adult)

\*\*\*Enclose \$20.00 for camp fee. Make check payable to J-Hawk Football\*\*\*

**PLEASE PAY WITH CHECK OR MONEY ORDER ONLY**

**CONSENT TO TREATMENT  
LIMITATION AND WAIVER OF LIABILITY**

In partial consideration of our child's acceptance into the Jefferson J-Hawk camp, I/we as parents and/ or legal guardians of \_\_\_\_\_ do hereby agree to limit the liability of the Jefferson J-Hawk Camp, Jefferson High School, its staff, to the insurance policy covering participants in the J-Hawk Mini Camp. I/we further agree to waive all liability of the J-Hawk Camp, Jefferson High School, its staff, for any accident, injury, illness or another mishap which might befall the above-named camper while traveling to or from, or during his/her attendance at the Jefferson Summer Camp, which is not covered by said insurance policy.

Further, I/we hereby grant permission to the staff of the J-Hawk Summer camp any injury assistant treatment deemed advisable, and any hospital to render to the above-named camper any medical and surgical treatment that they deem necessary. I/we understand that all possible effort will be made to inform me/us in case of such treatment. We have read the camp brochure and understand the camp program and registration procedures.

\_\_\_\_\_  
Father or Guardian MUST sign

\_\_\_\_\_  
Mother or Guardian MUST sign

Phone Number

Day \_\_\_\_\_

Evening \_\_\_\_\_

Emergency \_\_\_\_\_

Mail Camp Brochure to:  
Jefferson High School  
C/O Jim Womochil  
1243 20th Street SW  
Cedar Rapids, Iowa 52404

# INFORMATION ON J-HAWK YOUTH FB CAMP

## **WHERE:**

The setting for the J-Hawk FB Youth Camp is the campus of Jefferson High School, located on the westside of Cedar Rapids, Iowa.

The camp will use the facilities of Jefferson which include two outdoor football fields, an outstanding weight room facility, and an indoor swimming pool.

## **WHO:**

Any students who in the fall of 2010 will be entering the 4th through 8th grades are eligible.

## **DATE:**

Aug 2 – Aug 4, 2010  
Monday, Tuesday, Wednesday

## **TIME:**

**8:00 – 10:30 am**

## **FEE:**

**PLEASE PAY WITH CHECK OR MONEY ORDER ONLY**

Fee for the session is \$25.00.

Full payment of camp fee must accompany this application before it will be processed.

## **PROGRAM:**

Fun, basic football offensive, defensive and special teams concepts and some basic conditioning concepts.

**Jefferson High School  
Cedar Rapids, Iowa 52404  
319-558-3510**

